Highlights for the manuscript titled: “Are seed-dispersing ants elaiosome-limited? A long-term, experimental test in a Connecticut forest dominated by myrmecochorous plants” to be submitted for consideration in the journal *Food Webs*.

* Ant-dispersed plants provide nutritive rewards to mutualistic ants
* Many forest communities are dominated by myrmecochores
* *Apheanogaster* ants are abundant and not apparently limited by elaiosomes
* Ant-dispersed plant communities can tolerate small-scale disturbance